



## Fairways & Greens TPI Junior Program.

### PROGRAM DETAILS

TPI Junior golf / fitness program is based on LTAD (Long Term Athletic Development). Athletes will be instructed on FMS (Fundamental Movement Skills) Locomotion Skills and Golf Skills. The class structure is very active with fitness and movement components with golf skills and movement. This is not your regular hour- long golf class hitting balls on the range. Each athlete will be evaluated on age, FMS and golf skills.

One week day class, two Saturday classes per 4-week cycle and one 30 Minute private lesson per 4-week cycle.

### CLASS PROCEDURE

Each class will last 60 Minutes with approximately 15 Minutes of warm-up – 25 Minutes of FUNdamental Movement Skills activities and 20 Minutes of golf skills. If parents leave the facility during class time, please leave a cell phone number with front desk staff. Also arrive back at the facility promptly 10 Minutes before class ends, Coach Suzanne may have information for class participants during this time. Parents are welcome to stay and watch on the patio or inside in the reception area.

### DRESS CODE

Athletes must arrive in closed-toed athletic shoes with socks. No flip-flops, sandals, cleats, dance or dress shoes. Athletes can wear shorts or sweat pants. They can wear short or long-sleeve T-shirts or sweat shirts. If wearing a sweatshirt, please send the athlete with a T-shirt on underneath because the athlete might get hot and need to remove a layer.

### FOOD AND DRINK

Water is the beverage of choice at the TPI Jr. Class. No sodas. Athletes should come to practice with at least a 20-ounce bottle of water. Small snacks are allowed, too. Trail mixes, fruit and small sandwiches are acceptable.

### SAFETY

Safety of the athletes is one of our primary concerns. We have taken and will continue to take every precaution to ensure that safety. However, this is athletics and injuries will happen. We will have a first aid kit available and will address cuts, scratches bumps and bruises. If your athlete has a condition that requires extra care, such as asthma or Type-1 diabetes, please send them to practice with the appropriate equipment and instructions on how the athlete should use the equipment. If you need to be there to check your athlete and administer medicine, then please be there. Please let the coaches know if your athlete is carrying inhalers, spacers, insulin needles and other medical supplies.

## TUITION POLICY

Tuition is a fixed rate that does not change based on the number of weeks per month, holiday closures, or absences. Cost is \$125 per 4-week cycle. There is a \$35 one-time non-refundable evaluation fee.

Due at registration will be the first and last month of the class term and evaluation fee. A valid credit card number will be taken for automatic payments after each 4-week cycle. If you do not wish your credit card to be charged, please let me know, check or cash can also be forms of payment.

Class Terms are:

April to December 2010

## MAKE-UP POLICY

Families are responsible for the full term's tuition, regardless of attendance. Missed classes are non-transferable and will not be applied to the next session. If a practice is missed the athlete has that calendar week to make up the practice at another class. If you know ahead of time that practice will be missed, please call to schedule an earlier session.

## CLASS CANCELLATION

There will be not refunds for missed classes. One month's written notice prior to termination enrollment is required or tuition will be charged. We will not take verbal cancellations. The family will receive a pro-rated reimbursement for the remaining classes.

## HOLIDAYS

TPI Jr. Program observes planned holiday breaks to avoid disruption of the training process. We will close:

July 3<sup>rd</sup> to 6<sup>th</sup> 2010 Summer

November 15<sup>th</sup> to 22<sup>nd</sup> 2010 Thanksgiving Week

December 21<sup>st</sup> to January 1 2011 Christmas & New Years

## CLASS CALENDAR

Program begins: April 05<sup>th</sup> 2010

Program Ends: December 21<sup>st</sup> 2010

## TUITION DISCOUNTS

Each family athlete will be charged evaluation fee \$35 at first session.

2<sup>nd</sup> child discount: 10%

3<sup>rd</sup> child discount: 15%

4<sup>th</sup> child discount: 15%

## CONTACT INFORMATION

Coach Suzanne Strudwick

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